

Webinar for Rational Thinking

The Feel-Good Assessment

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Encourage Yourself Instead of Using Self-Criticism

Write down the qualities you have!

Some qualities may seem the same, but different words have different meanings!

During my webinar you will learn by an exercise how to identify which are your core qualities; the ones you can in most cases rely on!

Active
Determined
Goal-Driven
Devoted
Decisive
Independent
Likes change
Warm
Loyal
Friendly
Dynamic
Ambitious
Hard-working
Practical
Loving
Takes charge
Motivates
Goes new ways
Appreciative
Adventurous
Romantic
Honest
Visionary
Enduring
Can adapt rapidly to new situations
Lives for ideals
Learns from mistakes very fast
Reliable
Precise
Trusting
Peaceful

Inspirational
Likes new challenges
Likes variety
Takes responsibility
Creates new ideas
Diligent
Calm
Courageous in taking risks
Shares knowledge (a form of generosity)
Wants to have significance within a team and to belong to a successful team
Looks out for leading positions
Looks out for difficult situations with open issues
Can delegate
Loves nature
Can lead
Understanding
Stands for his ideas with persuasion
Wants to renew
Committed to his ideas
Brings diversion
Fascinating
Likes people
Can deal with surprises
Charming in love matters
Esthetical
Generous
Can summarize
Researches for causes when something wasn't kept to plan
Trouble shooter

Humble
Natural
Firm
Is a thinker
Efficient
Economical
Can take decisions
Stays in background
Can manage time and money
Is good in organizing
Respectful
Orderly
Straight
Clear
Curious
Intelligent
Lives with system and order
Creates clear conditions
Searches for (and gives) security
Independent and decisive
Effective
Thinks conceptual
Can regulate
Takes enough time for preparations
Good with deadlines
Autonomous
Has the overview in practical matters
Respects laws and rules
Is good at structuring
Can convey contents in a clear and comprehensive way

Expresses love by doing
Gives protection
Approachable
Grateful
Affectionate
Reliable
Faithful
Protective
Balancing at dissensions
Thinks positive
Social
Good listener
Interacts easily with others
Diplomatic
Meets expectations
Likes to share
Good team player
Thankful
Spontaneous
Good observer
Creative
Fast
Solution-oriented
Can feel
Fulfills the tasks in a way that others are happy
Friendly and tolerant
Can mediate
Can adapt
Wanted and accepted conversational partner
Entertaining
Emphatic
Has time and patience for others

Helpful
Can harmonize
Loves contacts with all kinds of people
Maintains good relationships and is liked by others
Keeps the positive in eye
Meets people easy and relaxed
Soft
Strives for harmony
Honors positive feedback
Diplomatic skills
Sees the bigger picture
Has style
Focused
Attached
Cordial
Sincere
Sage
Reflected
Has a friendly look and friendly voice
Helps colleagues when they are overloaded
Can adapt to others
Knowledgeable
Easy-going
Can let go
Brave
Enjoys a lot of contacts with all kinds of people
Cares about team spirit and does everything for the team
Does everything to keep clients and colleagues happy
Spreads happy atmosphere
Makes home a cozy place

Agile
A partner for talks
Unworried
Forgiving
Attentive
Easy-going
Sympathetic
Modest
Benevolent
Interested
Sparse
Regardful
Kindhearted
Tolerant
Light footed
Flexible
Patient
Sensitive
Joyful
Has a good memory
Talks about feelings
Funny
Sensual
Imperturbable
Tactful
Tender
Open
Gives comfort
Eye for details
Polite
Loves simplicity

Even-tempered
Conscientious
Supporting
Sporty
Balanced
Spiritual
Theorist